



a kit for  
mending  
thoughts

with  
Oliver Leicht and  
Frank Wingold

# Listening Manual



## Preparation

1. Retreat into the room, you feel most comfortable in
3. a) If it's cold outside:  
Make yourself a hot tea  
b) If it's warm outside:  
Refresh yourself with a cold beverage
4. a) Use the best audio equipment available  
b) Use good headphones



## Listening

1. Take your time
2. Close your eyes and let the music sink in
3. Listen to every song at least twice
4. Take the day off and listen to every song again
5. Let it grow on you
6. Hear yourself think



## In time

1. Tell your friends



- 01 Shir** E. Ankri
- 02 We sail away** E. Alony
- 03 Happy** E. Alony
- 04 Ani** E. Alony
- 05 I had a king** J. Mitchell
- 06 Another day is done** E. Alony
- 07 Introduction to** O. Leicht
- 08 If I should lose you** L. Robin, R. Rainger
- 09 Lonely Woman** M. Guryan, O. Coleman
- 10 Rise** E. Alony, O. Leicht
- 11 O do not love too long** W.B. Yeats, E. Alony
- 12 Afterword** F. Wingold



## Shir

E. Ankrí

### We sail away

E. Alony

I'm walking through a corridor of laughter. A murmur of a child at play, a plane that flies so high. A storm of colors is whirled inside. It dances – my heart's so light. Like in old films of black and white – it's all simple, there's no wrong, it's only right – my crave for loveliness. I'm walking through your corridor of snowflakes. It's white now. We sail away on a boat full of surprise. Trapped in joy, we swim through pale blue, as flying fish dance in mid-air, sway ON clouds murmuring love songs – yours is the loveliest!





## Happy

E. Alony

ביום שמתחיל כמו חלום  
בשיר שרוקד מבפנים  
מתערבל  
עם מילים  
מתבלבל  
עם צלילים  
געגע שרוחש בפנים  
לא מאיים  
הוא מספר  
זכרון שר  
שורות מסיפור שסיימת  
מזמן  
נח על מדף ישן  
יום שנבלע אל מילה  
הוא לוחש לי תפילה  
הוא גועש לו אל שיר  
בעיניים עצומות הוא פה  
שיר נכתב  
מעצמו





# I had a King

J. Mitchell



**Another day is done** E. Alony

You lie there, awake, misgivings, mistakes.

The secrets of your day unfolding their tale. You toss  
now, you turn, uneasiness burns. Just when the day is done,  
it strikes you, how far you've gone.

How the reasons you rendered seem vague now, repenting – to what  
end? So unravel your riddles and rise – another day is done.

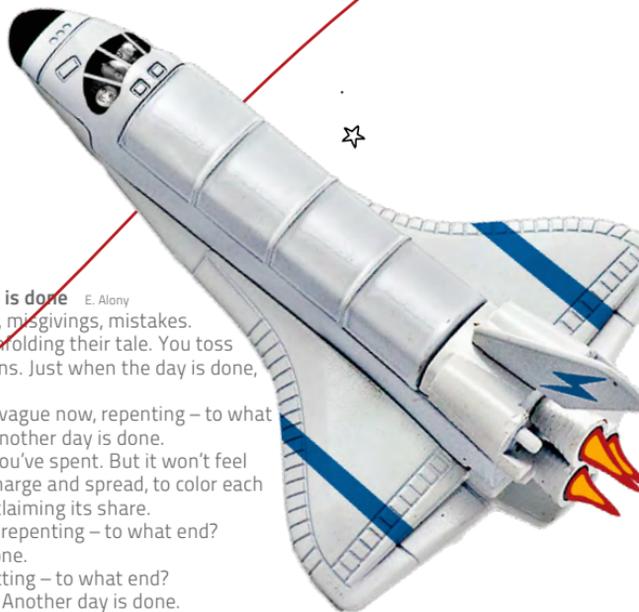
New day breaks. The scent of long nights you've spent. But it won't feel  
the same, this numbness – it dares to take charge and spread, to color each  
thread of what you used to think was love – reclaiming its share.

How the reasons you rendered seem vague now, repenting – to what end?

So unravel your riddles and rise – another day is done.

How temptation and lust – they deceived you, regretting – to what end?

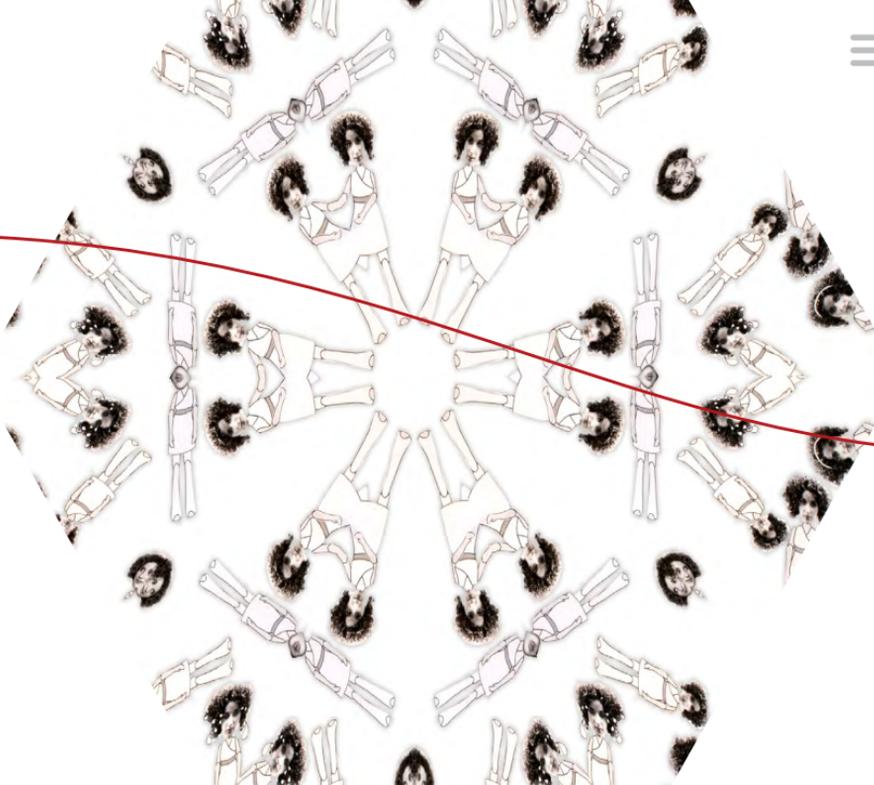
So unravel your riddles and rise. Another day is done. Another day is done.





## **If I Should Loose you**

L. Robin, R. Rainger



## Lonely Woman

M. Guryan, O. Coleman

you're turning the page / Hope – your  
 beautiful bride. / You hum as she dances /  
 as trees. // Her eyes guide you  
 through. // She comes from a far  
 As you're turning the page /  
 Hope – Your beautiful bride.

**Rise** She comes from a far / as  
 E. Alony, O. Leicht



her glow will convey – joy. / she'll  
 of light. // She murmurs a promise /  
 her gown will sleep // Day breaks –  
 her warmth / is gone / her caress /  
 Alone / disarmed / you will dive  
 into wild seas – their waves high



## O do not love too long

W.B. Yeats, E. Alony

Sweetheart do not love too long:  
I loved long and long,  
And grew to be out of fashion  
Like an old song.

All through the years of our youth  
Neither could have known  
Their own thoughts from the other's,  
We were so much at one.

But O, in a minute she changed –  
O do not love too long,  
Or you will grow out of fashion  
Like an old song.

## Afterword

F. Wingold



**Frank Wingold**  
guitars

**Oliver Leicht**  
clarinets, electronics

**Efrat Alony**  
vocals, keys, electronics, toys

guest **Julian Sartorius**  
drums, percussion, calimba  
(on track #3, #4, #8)



## **A kit for mending thoughts**

is a co-production with kulturradio of the  
RBB Radio Berlin-Brandenburg

Produced by: Efrat Alony and Oliver Leicht  
executive producer for the RBB:

Ulf Drechsel

recorded, edited and mixed between  
July and December 2011, at the RBB Radio  
Berlin-Brandenburg studios, Berlin  
recording supervisor at the RBB:

Maria Suschke

recording Engineer at the RBB:

Ekkehard Stoffregen

recording and editing engineer at the RBB:

Nikolaus Löwe

assistant engineer at the RBB:

Anne-Kristin Sölter

additional mixing and mastering at  
Red-Couch-Studio, by David Sasowski

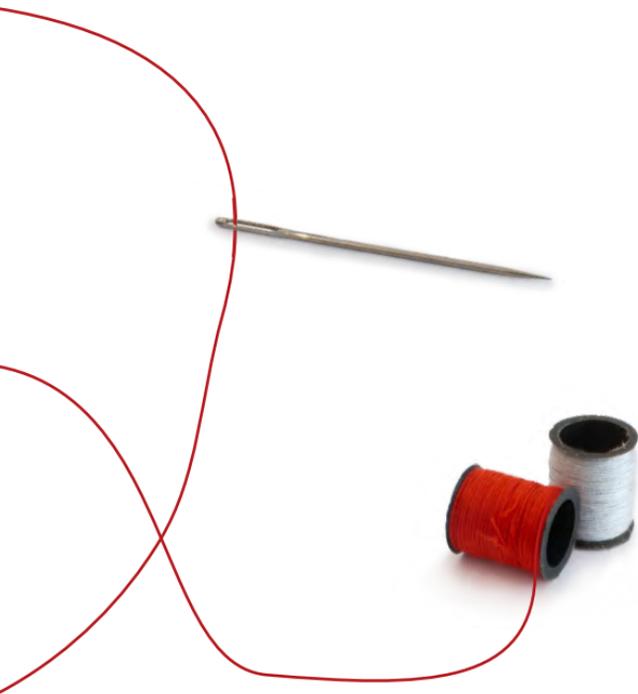
artwork by Frank Hellenkamp

[www.depage.net](http://www.depage.net)

Efrat Alony uses Neumann Microphones

Efrat would like to thank Ulf Drechsel for the kindhearted support throughout the years, to Maria Suschke, Niko Löwe and Anne-Kristin Sölter for your dedication, to Daniel Büttner for your help getting the electro-craze going, to David Sasowski for the magic, to Werner Aldinger for the trust and to Marion Hölczl for your friendship.

A very special thank you to Frank Wingold and Julian Sartorius for the music, to Mark Reinke for the stunning keyboard sound-design, to Frank Hellenkamp for the wonderful artwork and the love for details and most of all – to Oliver Leicht – for the music, the inspiration and support through thick and thin.



[www.alony.de](http://www.alony.de)



[www.jazzrecords.com/enja](http://www.jazzrecords.com/enja)

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ENJ-9719 GEMA DDD LC 18386 DEAM81200108

**enja**  
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KULTURradio<sup>rbb</sup>